The equipment list below is one that is recommended by East Barnby.

EAST BARNBY OUTDOOR EDUCATION CENTRE EQUIPMENT LIST

- ✓ Casual clothes and footwear to wear on evenings around Centre
- ✓ 2-3 old woollen/fleece sweaters
- √ 2-3 sweatshirts
- ✓ 3-4 T-shirts
- ✓ 2-3 pairs old trousers (denims are not suitable)
- ✓ 2 pairs of trainers (1 for normal use, one for wet activities)
- ✓ A coat to wear around the centre
- ✓ Thick and thin pairs of socks (plenty of them!)
- ✓ Hat and gloves
- ✓ 2 Towels
- ✓ Underwear (plenty of it!)
- ✓ Nightwear
- ✓ Toiletries in a suitable bag
- ✓ Suncream (SPF30) and hat
- ✓ Torch
- ✓ A drinking bottle or flask clearly labelled with your name.
- ✓ A bin bag to place all dirty clothes in!

Old clothes are best – please do not bring new or favourite items of clothing!

You may bring up to £10 in change in a <u>named</u> wallet/purse. This must be given to staff on the Monday morning.

Any medication must be clearly labelled and given to staff before we leave on the Monday morning.

OTHER USEFUL ITEMS

Book to read / a small quiet game

A small back pack to hold your lunch. No need to take a lunch box Disposable cameras may be taken at your own risk



Please label all clothes and equipment





We recommend that the following items are not appropriate at East Barnby;

- ✓ Radios, Mobile phones, Jewellery, Digital cameras
- ✓ PSP, DS and similar computer games
- ✓ Extra food or sweets (Meal time food is sufficient and there is a tuck shop.)
- ✓ Please do not bring aerosol deodorants as they set off the smoke alarms! Bring a suitable alternative or smell!

East Barnby Centre does provide:

Walking boots /wellies, waterproof tops and trousers, and small rucksacks. Please don't buy new ones especially but bring your own if you have them as they will probably be more comfortable.

