

SEND NEWSLETTER



A NEW CHAPTER

As we move into a very exciting time for our school community, the children and possibly yourselves may be feeling apprehensive and anxious. The children will be supported as they transition into the new school building and it will take time to adjust to a new environment and routine. In this term's newsletter, you will find some advice and tips to support your child at home as they prepare for this change.



Mrs Richardson and Miss Robinson



Support Groups and local charities

Supporting Service Children with SEND

The service families autism project has been created to support children with autism from Armed Forces Families, helping them thrive and succeed within education. One of the key aims of the project is to provide practical, accessible help for families.

Created by the Service Families Autism Project funded by the Armed Forces Covenant Fund Trust.



A few reminders

Your child's teacher is your first point of contact if you have any concerns. If you would like to speak to a SENDCO, you can email the main office (admin@michael-syddall.n-yorks.sch.uk) and a member of the team will contact you in due course.



LOCAL ACTIVITIES



Pendragon Multi-sensory Centre Northallerton

We have some wonderful places and opportunities specifically for SEND children in our area.

Pendragon is a light, modern multi-sensory centre in Northallerton. The centre offers a safe environment and is fully padded, visitors can enjoy a colourful experience with a giant soft slide, interactive walls and floors, a ball pool, an infinity hut, a waterbed, bubble tubes and the very latest projection, lights and music alongside many smaller items.



Sunshine Sensory

Sunshine Sensory disability sessions are an amazing opportunity for your child or adults to join in with activities in a calm, inclusive environment supported by understanding staff.

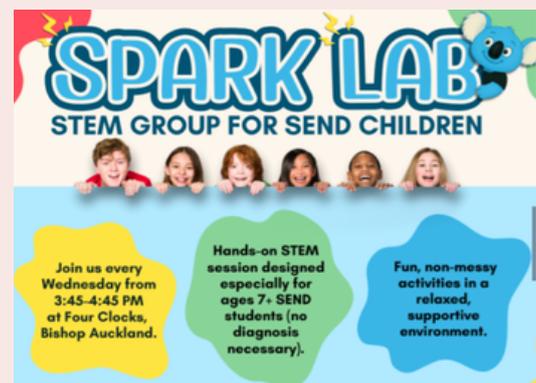
Each session takes into account the learning needs of the child / adult.

Spark Lab for SEND children

Explore science, technology, engineering & maths through creative, non-messy play in a calm and supportive space.

Benefits

- ✓ Parking Available
- ✓ All Year Round
- ✓ Social Skills
- ✓ Hand-Eye Coordination
- ✓ SEND Inclusive
- ✓ Public Transport
- ✓ Disabled Access
- ✓ Life Skills
- ✓ Fine and Gross Motor Skills



Tesco Catterick Garrison

In-store quiet hours: From 9–10am every Wednesday and Saturday, they have a quiet hour in all their stores. They also reduce the lighting in their large stores.

Shopping aids for autistic people- Take a look at their autism-friendly visual guide to shopping at Tesco, and download their visual shopping list



SUPPORTING TRANSITIONS

- Transitions are emotional, not just practical.

Children will show how they feel through behaviour - clinginess, tummy aches, sleep changes or quietness.

- Start preparing early - even if it is just little things!

Reintroduce routines, talk about what to expect, practice goodbye rituals. Provide children with a schedule ahead of time!

- Name feelings and make space to talk.

Acknowledge that it's okay to feel nervous, excited or unsure - all at the same time!

- Neurodivergent children may need more time and visual support.

Clear plans, sensory tools and adult advocates at school may help them settle more confidently.

- Your own feelings matter too!

Be patient and kind with yourself - transitions take time!

